

The Lighthouse



 THE CHURCH
OF ENGLAND
Diocese of Norwich

Sunday, 4 July 2021
Issue 65

Fifth Sunday after Trinity

Scripture Reading: Mark chapter 6 verses 1–13

‘Travellin’ Light.’

[Cliff Richard]

Dear Friends,

My hope is that you feel encouraged today. Not too long until July 19th when hopefully we can move safely forward to a new stage with the Covid restrictions. In Mark 6 v1–13 we see Jesus instructing the disciples to move forward sharing the news of who he is. In v2 the crowds are amazed at his teaching, whilst in v3 people are asking who Jesus is, how is he so wise, and where did he gain the power to perform miracles. Isn't this the guy who repaired our wooden chair? Isn't this Mary's son, with brothers and sisters that we see in the village every day? Jesus moves on, calling the twelve disciples to go out two by two taking nothing for the journey to share the Good News of who Jesus is.

I have never been to India, but my suitcase has! Our holiday was in Germany, but my wrongly labelled suitcase went elsewhere. On another flight a Mr Fry took my bright turquoise suitcase off the 'pick and mix' carousel despite his similar suitcase being labelled with his name. We found him before he left the airport and sorted things out. A great start to a holiday! We do tend to take far too much with us as we travel. I was reading in The Times that 53% of garages are not used for cars because the garages are full of junk! The disciples were encouraged to travel light. Jesus instructed: take nothing but a staff, no bread, no bag, no money. Do wear sandals, and the only clothes allowed are what you are wearing. We do love our possessions, and gadgets. What is the latest 'must have'? May I suggest that our lives can be full of things that we don't really need, but we keep on collecting, and like the garages cluttered with junk, we travel through life hampered by things we don't always need. Jesus sets it right for the disciples: travel light, keep to the basics, share the Good News of God's love and move on.

The writer to the Hebrews encourages us to do the same. Hebrews 12 v1 tells us to 'throw off everything that hinders us, especially sin which trips us up. Run with perseverance the race set out for us.' Many of us have run our last race, but in the Christian Life we can jog along with Jesus, freed from the weight of sin, keeping to the route of faith set out for us, travelling light to be the people God wants us to be. I've never seen an athlete win a race carrying a suitcase; I have seen Christians setting an example of winning with Jesus as their example and goal.

Every blessing in Christ, Derek the Cleric.



'Take nothing for the journey ...'

A new Health Secretary but it's still Hands – Face – Space – Fresh Air.

Ideas for prayer

- + all those affected by coronavirus, here and around the world
- + our NHS workers, care workers and care home residents
- + key workers and those who provide essential services
- + our GPs, surgeries and staff tasked with caring for us and rolling out the vaccines
- + vaccination programmes, here and around the world
- + for co-operation among nations in dealing with the pandemic
- + our collective health and welfare
- + our nation and community life; our Government and its advisors
- + for wisdom and patience as we deal with changes to our ways of life
- + our teachers and school staff
- + our children and young people, their parents and caregivers
- + our young adults; our elderly neighbours and family members
- + our Armed Forces serving here and abroad
- + all who are worried about, or who have lost, jobs, livelihoods and businesses
- + all who are homeless
- + all who are suffering any injustice – racial, social, economic
- + anyone facing illness, hospitalisation or medical treatment
- + all who feel isolated and those who cannot be with their families
- + those who have died
- + all who make our worship services possible, all who attend online, in person or who visit the church via our Facebook pages
- + families bereaved at this time and those not able to use the church as they would wish to
- + for wisdom and safety in easing restrictions
- + hope, encouragement and peace at all times

Bible Bites Box Set!

Our online worship page for children and schools includes all the Bible Bites episodes: [Children – Dersingham online worship](#)

Services Today

4th July

9:30 'The Gathering' – Contemporary
Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Holy Communion at St Nicholas Church Dersingham (livestreamed)

Please do book in for all services by contacting Pauline, 544561 or secretary@stnicholasdersingham.org.uk

Bible Readings for Sunday, 11th July

Sixth Sunday after Trinity

First reading – Ephesians 1:3–14

Second reading – Mark 6:14–29

Wordsearch – Jesus Sends Out the Twelve

Thanks to Carol for this week's puzzle. All the words can be found in Mark chapter 6 verses 1 to 13.

R	L	N	A	N	R	U	O	N	O	H	V	L	E
O	S	G	O	E	P	P	I	R	A	C	U	A	M
R	D	A	S	W	L	R	R	O	A	A	O	C	T
E	A	R	B	L	I	L	O	N	S	E	U	S	A
Y	D	E	S	B	I	S	B	P	R	T	L	V	T
S	U	P	A	S	A	L	D	J	H	R	E	A	D
O	S	E	N	O	M	T	A	O	F	E	L	F	J
F	T	N	D	U	A	O	H	N	M	T	T	F	O
U	G	T	A	L	Z	S	T	E	S	N	D	A	U
E	C	R	L	E	E	S	K	A	M	E	J	T	R
S	L	N	S	E	D	A	U	E	E	P	T	S	N
Y	T	I	R	O	H	T	U	A	V	R	D	N	E
D	I	L	E	S	T	V	I	L	L	A	G	E	Y
M	M	I	R	A	C	L	E	S	N	C	O	B	D

REPENT	SHAKE	AUTHORITY
STAFF	MIRACLES	SANDALS
PROPHET	SABBATH	VILLAGE
DUST	TEACH	WISDOM
AMAZED	JOURNEY	HONOUR
CARPENTER		



We pray for all Christians in countries where they are persecuted for their faith.

BURKINA FASO

Population 20.9 million. 4.9 million Christians (23.8%)

After a brutal 2019, when Christians were targeted and murdered by militants, there were fewer high-profile violent attacks in 2020. However, the violence still continued – just not as visibly. Open Doors estimates there are over a million internally displaced people in Burkina Faso, and many are Christians. Extremist attacks have driven followers of Jesus from their homes and villages, with many being forced into refugee camps. Open Doors partners in Burkina Faso report there are no open churches in parts of northeastern Burkina Faso. Christians in

this area have largely been forced to flee due to violence from Islamic extremists. Low rainfall and the Covid-19 pandemic have worsened the situation. Christians who have converted from Islam also face significant pressure and opposition from their families and communities. Families may reject Christian converts, and new Christians may be pressured to renounce their new faith. This also means new converts from Islam are often reluctant to be public about their faith. Burkina Faso has long had a reputation for tolerance of various faiths, but that reputation is increasingly at risk.

Prayer points

- Praise God that there have been fewer violent attacks and pray that this trend continues.
- Pray for Christians to receive grace so they can stand firm in their faith in the face of hostility.
- Pray that peace will return to the country so that Believers can go back to their villages.

If you'd like to know more about the situation for Christians in Burkina Faso, do take a look at Open Doors' website and watch list: [Serving Persecuted Christians Worldwide - Burkina Faso - Open Doors UK & Ireland](#)

A prayer for Burkina Faso from Open Doors

Almighty God, we come to You and ask for Your protection and sustaining grace to come upon our sisters and brothers in Burkina Faso. We ask that You'd protect those who were forced to leave their homes and villages – please give them strength and lift up their heads to see Your face. We pray for followers of Jesus who came out of Islam, that You would help them realise they have a global family of Christians who care for them, even as they are rejected by their own families. Amen.

Thanks to Rev Adrian for providing these prayers for the persecuted church.

Stopwatch:
how quickly can you solve these anagrams?

HOLY AID	GARNISH	NIGHTS
CAUSES IT		INN WING

(All are words found in Derek's letter. Answers, last page.)

*They went out and preached that
people should repent.*

–Mark 6:12

We give thanks for:

- + God's grace, love and forgiveness
- + our families, friendships and church
- + our scientists, medics and care workers
- + our teachers, key workers and all people providing essential services
- + vaccines and progress in treating Covid
- + the arts, music and creativity
- + acts of kindness, courage, selflessness
- + the comfort and reassurance of Jesus and the Holy Spirit

silence music prayer

readings

simple repeated chants

Come and join us for a



on Friday 16 July 2021

at Holme Church

4pm – 4.45pm

Presented by Chris Gray and Alan Crawshaw and members of the
Stillness on the Saxon Shore group
(which meets every Friday afternoon at St Mary's Titchwell)

Services in July

Sunday 4th

9:30 'The Gathering' – Contemporary Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Holy Communion at St Nicholas Church Dersingham (livestreamed)

Sunday 11th

9:30 'The Gathering' – Contemporary Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Book of Common Prayer Holy Communion at St Mary the Virgin Anmer (viewable online later in the day)

Sunday 18th

9:30 'The Gathering' – Contemporary Accessible Worship, Holy Communion in Dersingham Village Centre

11am Traditional Worship – Morning Prayer with Baptisms at St Nicholas Church Dersingham (livestreamed)

Sunday 25th

9:30 'The Gathering' – Contemporary Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Holy Communion at St Michael and All Angels Ingoldisthorpe (livestreamed)



*“Summer afternoon—summer afternoon;
to me those have always been the two most
beautiful words in the English language.”*

– Henry James

Services in August

Sunday 1st

9:30 'The Gathering' – Contemporary Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Holy Communion at St Nicholas Church Dersingham (livestreamed)

Sunday 8th

9:30 'The Gathering' – Contemporary Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Book of Common Prayer Holy Communion at St Mary the Virgin Anmer (viewable online later in the day)

Sunday 15th

9:30 'The Gathering' – Contemporary Accessible Worship, Holy Communion in Dersingham Village Centre

11am Traditional Worship – Morning Prayer with Baptisms at St Nicholas Church Dersingham (livestreamed)

Sunday 22nd

9:30 'The Gathering' – Contemporary Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Holy Communion at St Nicholas Church Dersingham (livestreamed)

Sunday 29th

9:30 'The Gathering' – Contemporary Accessible Worship in Dersingham Village Centre

11am Traditional Worship – Morning Prayer (No Baptisms) at St Nicholas Church Dersingham (livestreamed)

Important Note

The livestreaming of services is reliant on internet connection, which can affect the quality of the broadcast. Where there is unreliable 4G internet connectivity at Anmer, services will be recorded and posted later on the YouTube channel: 'Dersingham Online Worship'.

*Anagrams: holiday, sharing,
things, suitcase, winning*
With help from: wordman.com/anagram-maker

