

The Lighthouse



‘Food, glorious food’

The reading for Trinity 8 is:
Matthew chapter 14 verses 13–21

[All four gospel writers record the Feeding of the 5000. Only St. John includes that it was the boy who brought his lunch. John ch. 6 v 9.]

Dear Friends,

I love this reading. I’m so grateful that St. John included details of who brought his food to Jesus. A small offering given by a young boy, Jesus’ blessing, resulting in thousands being fed. Arundhati Roy wrote *The God of Small Things*; it’s one of the many books I’ve never read, but the internet tells me 85% of those who have read it, enjoyed it. It’s just that the title came to mind having read our Bible reading today. The God of small things.

Let me tell you about Bill, someone in our church fellowship in Kent years ago. He was an underground tube train driver. Everyday his wife gave him a pack of sandwiches for his lunch, which he put in the driver’s cab. He had the tendency to grab a bite while waiting at station. One day he reached out for a bite to eat, and instead of sandwiches in the bag, there was a wad of bank notes, just the thickness of Bill’s sandwich! Someone had thrown what they had stolen into the cab to avoid evidence and the wad of money landed on his sandwich pack.

The Vicar of that church fellowship in Kent was Ron Hargreaves, a member of the magic circle. His All Age worship talks were magic too. I recall how Ron told us about the feeding of the 5000. He spoke about the small boy offering all he had to Jesus, and as an example he had a child in the congregation stand on the large church offering plate saying “All things come from you, and of your own do we give you.” “Nothing much to bring, but here I am for you to use, Jesus.”

A small boy, a small lunch pack – not impressive to the disciples, but Jesus saw what could be. Only he could turn five bread rolls and two fish fingers into a feast for all. He’ll sort us out too and all our small problems, but we need to be willing to humbly come to him and offer all we have.

Keep safe, avoid Spain, eat healthily, and value small things.

All joy in Christ,
Derek the Cleric



"Here is a boy with five small barley loaves and two small fish ..." John 6:9

Ideas for prayer

- + all those affected by the coronavirus
- + our NHS workers and those in care homes
- + our Government and advisors in making decisions for our nation
- + for wisdom and patience in dealing with the many changes to our ways of life
- + our public church service, and for all working to make it happen and all who attend
- + our continuing online worship service and Bitesize bible, the online worship team and all who attend
- + our children and their parents, especially now that the school holidays are here
- + our young adults leaving school or college during this time of uncertainty
- + our teachers in all that they do
- + those working in essential services
- + those who have lost their jobs
- + those who are back at work and adjusting to new ways of working
- + those who are suffering any injustice – racial, social, economic
- + those who feel isolated
- + wisdom in opening church buildings safely, and our Diocesan leaders in guiding the way forward
- + couples waiting to get married in church
- + families bereaved at this time and those not able to use the church as they would have wished to
- + our church community

We give thanks for:

- + Dave's ordination as Priest on 7th August
- + the Word of God and his forgiveness
- + freedom to know the light of God's love through his Spirit
- + opportunities to serve others and share God's love
- + the beauty of the coast where we live, gardens, greenspaces and summertime
- + progress in understanding and treating the coronavirus
- + our families and friendships
- + small seeds of thought that lead us to faith in Christ

New Foodbank box located in church

There is now a Foodbank box in church for the use of people who like to make their donations while they are there.

You'll find it at the back of the church on the left looking forwards. It is on the floor at the Baby Basics table.

The Foodbank box that has been in the Post Office is still there and will remain for the foreseeable future. Those people for whom that one is more convenient will no doubt prefer still to make their donations there. They are very welcome.

Thank you to all people who continue to donate so generously to the Foodbank.

–Allan Coleby



Image: Hunstanton and District Foodbank

<https://hunstantondistrict.foodbank.org.uk/give-help/donate-food/>

Wordsearch

This week's puzzle from Carol: All the verses in this puzzle can be found in Matthew chapter 14 verses 13–21.

A	T	G	A	E	S	A	T	I	S	F	I	E	D	BOAT
E	S	E	R	D	N	H	S	S	K	C	I	S	T	SOLITARY
I	D	C	O	V	A	A	A	D	C	G	O	E	L	CROWD
S	C	O	E	D	F	R	S	E	W	L	T	I	O	LANDED
H	M	M	C	R	G	S	E	I	I	O	D	H	O	COMPASSION
T	E	P	K	M	G	E	E	T	T	O	R	E	M	HEALED
T	L	A	N	D	E	D	A	L	F	O	B	C	F	SICK
W	A	S	L	D	O	R	T	A	O	B	A	E	I	REMOTE
E	N	S	E	E	Y	S	I	K	E	A	S	T	V	FOOD
L	D	I	F	B	D	T	A	O	I	F	K	O	E	FIVE
V	O	O	L	O	A	V	E	S	R	E	E	M	N	LOAVES
E	O	N	Y	A	C	D	S	V	Y	M	T	E	B	FISH
O	F	S	I	D	I	L	F	I	S	H	S	R	S	GRASS
C	S	M	B	D	T	I	A	F	V	R	P	E	S	SATISFIED
														TWELVE
														BASKETS



Linseed and clouds near North Creake

Photo: LW

Stopwatch: how quickly can you solve these anagrams?

ECO PACK
OWL WILT ALAS
TIMBER SON
DAINTY PEDAL
LARDER MAID

(All are British butterflies. You might see these in your garden or out and about. Answers, last page.)

“Look to the LORD and his strength; seek his face always.”

1 Chronicles 16:11

Around the World

Thanks to Allan Coleby for sharing this hymn with us.

If we search for a hymn that takes the widest perspective of an active Church, “The day thou gavest, Lord, is ended”, by John Ellerton, is like no other. It is sometimes known as “The Evening Hymn”.

It traces prayer and praise through the twelve hours of light in our hemisphere. This is summarised in the first verse, with references to morning hymns and darkness falling.



In the second verse, the Church is “unsleeping, While Earth rolls onwards into light.” What an astonishing way to describe the dawn! The setting is the universe. Our home, the Earth, is shown as a sphere spinning eastwards as it relates to the sun’s rays, which therefore reach further westward, but over all this, the Church keeps watch “And rests not now by day or night.”

Then, as we trace the progress of light over “each continent and island” around the globe, the “dawn leads on another day”. There is no collision of forces, no exertion of power, but a natural spatial attraction in the word “leads”.

Prayer and praise continue until Earth’s impetus moves us away, further East. Then a resurgence of praise passes to the people who inhabit the world west of us. They are not just “to the west” but are “Our brethren ‘neath the western sky,” and so, as we read and sing these words, our minds turn not downwards, but upwards, fed by our memories of glowing sunsets and marmalade skies.

–Allan Coleby

Did you guess it ...?

The nation’s Number 1 favourite hymn is currently “Jerusalem” (And did those feet).

Here’s the full list. How many of these are your favourites too?

1. Jerusalem (And did those feet)
2. How Great Thou Art
3. In Christ Alone
4. Dear Lord and Father of Mankind
5. Abide with Me
6. I Vow to Thee My Country
7. Guide Me O Thou Great Redeemer/Jehovah
8. Amazing Grace
9. Be Still for the Presence of the Lord
10. I, the Lord of Sea and Sky (Here I am, Lord)

–BBC Songs of Praise

Calling all builders! ... Minecraft Bible Story Competition 2020



Recreate your favourite Bible story in Minecraft to be in with a chance of being crowned our competition winner 2020! We'll be judging entries on originality, design skill and the ability to portray the story. Three winners will receive a copy of *The Unofficial Bible for Minecrafters*.

Sponsored by the Bible Society, this competition invites children and teens to create their own virtual Bible scenes using Minecraft.

Deadline for entries is 24 August 2020.

Details at <https://www.biblesociety.org.uk/landing/bible-story-minecraft-competition-2020/>

Praying with children

The Christian charity Compassion has some good prayers for children. Some of them are written by children. Here are two prayers, one for young children and one for parents of teens.

Father God,

I thank you for being with me today.

I thank you that you were alongside me in everything I faced today.

Please help me in the week ahead.

I thank you that you will never leave me.

Amen

Lord God,

I pray for my teenage son or daughter to know your goodness and provision.

I pray they would place their identity in you. I ask that in the pressures of life, they would know you are their rock on which they can stand.

I pray that through the challenges of school life, exams, and future decisions, you would lead them, guide them and bring them comfort.

In Jesus' name, Amen

<https://www.compassionuk.org/prayers/prayers-for-children/>

Reminder

Please remember to book in advance if you plan to attend the Sunday in-church worship service at 10 am in St Nicholas Church, Dersingham.

You will need to book in advance each time.

To book, please contact Pauline Martin on 01485 544561 or secretary@stnicholasdersingham.org.uk

Bring a cushion...

You may wish to bring a cushion if you are coming to church for the service or for private prayer, as we've removed all the pew cushions for ease of cleaning!

An update about face coverings

Please be aware that the Diocese have now said that we should be wearing masks (face coverings) in church for our services, but if you have any health problems and are unable to wear one, please be assured that you will be very welcome in church without one.

Contactless payment

At our in-church services, we would welcome you making your Giving by Contactless Payment, which will be available on the front desk as you come in. Just set the machine to the amount you wish to give and scan your card.

Those who are unable to get to the service and would like to make a donation, please contact the Treasurer, Pat Oughtibridge, c/o the church office at 01485 544561 or email secretary@stnicholasdersingham.org.uk

Anagrams: peacock, swallowtail, brimstone, painted lady, red admiral

With help from: anagrammaker.com



This cartoon has been bringing a smile to many inboxes recently. Thanks to Diane Hall for sharing this with us.

Words found written in a Bible from 1953

God has not promised
sun without rain
joy without sorrow
peace without pain

but God has promised
strength for the day
rest for the labour
grace for the trials
unfailing sympathy
and undying love.

These words are from "What God Hath Promised", a hymn written in 1919 by Annie Johnson Flint (1866-1932).

The Bible was my mother's. -lw



www.stnicholasdersingham.org.uk
dersinghamonlineworship.com

