

# The Lighthouse



“I got the, I got the Power.” [Little Mix]

Dear Friends,

Pentecost! A breath of fresh air. In fact God's life. “Breathe on me, breath of God, fill me with life anew!” The Spirit of God has everything to do with newness and life. He always has. Take a peep at Genesis ch. 1 verses 1-3. Notice in verse 2 that the “Spirit of God was hovering over the water.” God's Spirit was at work making the world and life. That's what he does, and we are talking about a person – the third part of the Trinity. We are instructed in Ephesians ch. 4 verse 30 “Do not grieve the Holy Spirit.” You cannot grieve a lamppost!

So, Pentecost is about God as the Spirit coming down on his people. Jesus ascended into heaven, so that the Spirit could come down on his church – to be with us always. Luke writing Acts 2 describes the Spirit's arrival at Pentecost as like ‘rushing wind’, and absolutely right to! Ever been blown along by the wind. That sudden gust that carries us along. Carol and I lived in Kirkby Thore, Cumbria, just below the highest point of the Pennines – it's known for its Helm wind – it is as if the wind comes from ground level – bushes uproot and fly high in the air, blackbirds find themselves walking backwards.

The Spirit came to blow freshness into his church. The church building needs to be cleaned doesn't it? Be thankful that we have a hardworking cleaner at church, and a band of feather duster angels. We are so grateful that the church looks neat and clean. The living church, God's people need a daily blow dry – bringing the newness and freshness of God's life and purity in us. He [the Spirit] gets to our dusty corners, and musty weakness – and refreshes and enlivens us. Why? “That I may love what thou dost love, and do what thou wouldst do”.

May all we do be through the power of God's Spirit. Now that might come as a blow to you – but He is who He is!

Keep safe, keep aware, keep looking up, keep strong, keep apart but stay close to Jesus.

Yours refreshingly,  
Derek.



My favorite verse would be the second part of 2 Timothy 1,  
V12

"Because I know whom I have believed and am convinced that He is able to guard what I have entrusted to Him for that day". As a young soldier when I came to faith in the forces we used to sing Chorus's and we often sang one pertaining to that verse; which was " For I know whom I have believed and am persuaded that He is able to keep that which I've committed unto Him against that day"  
God Bless you all. Ron C



“The Glory of the Garden” by Rudyard Kipling

**OUR England is a garden that is full of stately views,  
Of borders, beds and shrubberies and lawns and avenues,  
With statues on the terraces and peacocks strutting by;  
But the Glory of the Garden lies in more than meets the eye.**

For where the old thick laurels grow, along the thin red wall,  
You'll find the tool- and potting-sheds which are the heart of all  
The cold-frames and the hot-houses, the dung-pits and the tanks,  
The rollers, carts, and drain-pipes, with the barrows and the planks.

And there you'll see the gardeners, the men and 'prentice boys  
Told off to do as they are bid and do it without noise ;  
For, except when seeds are planted and we shout to scare the birds,  
The Glory of the Garden it abideth not in words.

And some can pot begonias and some can bud a rose,  
And some are hardly fit to trust with anything that grows ;  
But they can roll and trim the lawns and sift the sand and loam,  
For the Glory of the Garden occupieth all who come.

Our England is a garden, and such gardens are not made  
By singing:-” Oh, how beautiful,” and sitting in the shade  
While better men than we go out and start their working lives  
At grubbing weeds from gravel-paths with broken dinner-knives.

There's not a pair of legs so thin, there's not a head so thick,  
There's not a hand so weak and white, nor yet a heart so sick  
But it can find some needful job that's crying to be done,  
For the Glory of the Garden glorifieth every one.

Then seek your job with thankfulness and work till further orders,  
If it's only netting strawberries or killing slugs on borders;  
And when your back stops aching and your hands begin to harden,  
You will find yourself a partner In the Glory of the Garden.

Oh, Adam was a gardener, and God who made him sees  
That half a proper gardener's work is done upon his knees,  
So when your work is finished, you can wash your hands and pray  
For the Glory of the Garden that it may not pass away!  
And the Glory of the Garden it shall never pass away !



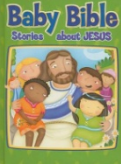
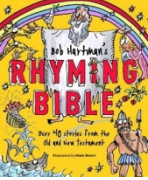
I look forward to reading The Lighthouse each week and this week I particularly enjoyed the poem by Elizabeth Barrett-Browning, not a poem I was familiar with but it struck a chord in me and I remembered hearing, for the first time “The Glory of the Garden”, read at my father's funeral by the minister who was a friend of my parents and fond of gardening, as were my parents.

I've often found being in the gardening, especially weeding and tidying, can be very soothing and uplifting; never more so than over the last few weeks. I can escape from my worries and fears and be “healed” as I (try to!) restore order; enjoying the sights and sounds of the birds; smells of flowers and herbs around me; the feel of the breeze or sun on my skin or the feel of the soil, stones, weeds and new plants in my hands.

Jackie Scott

## Rector's Reviews

Continuing from a fortnight ago...Rev Mark's recommendations for books for children and young people...

	<p><b>Bake through the Bible:</b> If you want to get a child something different try this Bake through the Bible, as children can learn as they make and bake tasty food. There are 20 fun cooking activities to explore the Bible together. The Bible and Food what a great combination!</p>
	<p><b>Youth Bible</b> – As children grow in age and also faith it is important that the Bible they read reflects that and enables a deeper reading and understanding of God's word. This is the New Century Version that has case studies which young people can read and apply to their own life, including important issue like self image, money, relationships. There are various front covers editions which are an important part of the Bible looking and feeling right for the young person.</p>
	<p><b>The Baby Bible –stories about Jesus:</b> This is popular at the Little Nippers Baby and Toddler group at St Nicholas Church on Monday mornings. It is a board book, with bright pictures and 4 lines of lines of bible with an action for each one that little nippers and adults can do together with a short prayer to finish. The only down side it is hard to get hold of in this country and so costs £10 available from <a href="http://www.eden.co.uk">www.eden.co.uk</a></p>
	<p><b>Rhyming Bible</b> The acclaimed children's author Bob Hartman has managed to write a number of bible stories in rhyme whilst still maintaining to the meaning of the Scripture.</p>

### Pork & Pepper Chow Mein

#### Ingredients

175 g medium egg noodles	1 red pepper, cored, seeded and roughly chopped
350 g pork fillet	1 green pepper, cored, seeded and roughly chopped
30 ml sunflower oil	30 ml dark soy sauce
15 ml sesame oil	45 ml Chinese rice wine or dry sherry
2 garlic cloves, crushed	175 g beansprouts
8 spring onions, sliced	45 ml chopped fresh flat leaf parsley
15 ml toasted sesame seeds	



1, soak the noodles in boiling water according to the packet instructions. Drain well. Thinly slice the pork fillet. Heat the sunflower oil in a preheated wok or large frying pan and cook the pork over a high heat, stirring, until golden brown and cooked through.

2, add the sesame oil with the garlic, spring onions and peppers. Cook over a high heat for 3-4 minutes. Lower the heat and stir in the noodles, soy sauce and rice wine or sherry. Stir fry for 2 minutes. Add the beansprouts and cook for 1-2 minutes. Stir in the parsley and serve sprinkled with the sesame seeds.

Weiwei Cossey



Faithful God,  
 who fulfilled the promises of Easter  
 by sending us your Holy Spirit  
 and opening to every race and nation  
 the way of life eternal:  
 open our lips by your Spirit,  
 that every tongue may tell of your glory;  
 through Jesus Christ our Lord.  
 Amen

Ideas for prayer

- children who going back to school
- workers who are furloughed
- those who have freelance jobs
- our NHS workers & those in care homes
- our church community
- We give thanks for;
- the presence of God's Holy Spirit with us always
- the constant promise of hope
- the deep peace that God's presence with us can bring, even amid difficulties
- Love, which holds everything together and is shown to us in the person of Jesus

All the words in this puzzle can be found in Acts ch2 vs1-21

## The Holy Spirit Comes at Pentecost

D	E	I	T	S	O	C	E	T	N	E	P	T	K
I	P	E	S	U	O	I	R	O	L	G	A	S	D
E	A	S	G	A	L	I	L	E	A	N	I	O	A
G	E	P	N	T	O	N	G	U	E	S	A	O	R
Y	N	E	L	T	P	R	O	P	H	E	S	Y	K
P	E	A	I	R	O	G	O	F	I	R	E	E	N
T	R	K	N	E	V	A	E	H	D	T	L	N	E
A	Y	I	T	I	R	I	P	S	I	N	G	A	S
M	C	N	L	A	O	A	M	A	I	U	R	K	S
A	A	G	E	S	S	R	E	D	N	O	W	R	P
Z	T	G	A	I	E	G	A	U	G	N	A	L	E
E	A	I	M	A	T	O	P	O	S	E	M	E	U
D	E	A	R	S	I	R	L	I	S	T	E	N	Y
I	K	I	A	E	T	O	G	E	T	H	E	R	T

HEAVEN  
 DARKNESS  
 WONDERS  
 TOGETHER  
 CYRENE  
 PENTECOST  
 GALILEAN  
 MESOPOTAMIA  
 TONGUES  
 PROPHECY  
 LANGUAGE  
 EGYPT  
 GLORIOUS  
 AMAZED  
 SPEAKING  
 LISTEN  
 FIRE  
 ASIA  
 SPIRIT

